



SEPTEMBER

SUN

MON

TUES

WED

THUR

FRI

SAT

01

02

03

04

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12

13

14

15

16

17

18

19

20

21

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30

TUES

9am
Coffee/**Donuts**
(CL)

9am
Foundation
Training (FC)
Sign up
required

10am-
Enhanced
Fitness (FC)
Sign up
required

10am-Aqua Fit

10am-Silvi The
Hairdresser
(TR)

1pm-Bridge
(LR)

1pm-Dominoes
(LR)

1pm-3pm
Resident Only
Swim

6pm **\$5 BINGO**
(LR)

1

WED

9am Coffee
(CL)

10am-Chair
Yoga (YS)

11:30am-
Bible Study
(SL)

1pm Bunco(LR)

1pm-3pm
Resident only
Swim

2pm Garden
Club (CY)

3pm-Poker (SL)

5pm-Crochet
Club (CL)

5pm Bocce
Ball

7pm-Game
Night (LR)

2

THUR

9am-Coffee (CL)

10am-Body
Movement (YR)

11am -
Mahjonn (LR)

11am-Low
Impact Exercise
Club-Tai Chi
(YR)

1:30pm-Cash
Bingo (LR)

1pm-3pm
Resident only
Swim

3pm-Poker
without
wildcards (SL)

6pm-Aqua Fit

7pm -
Sequence/
Game Night
(LR)

3

FRI

9am-Coffee
(CL)

10am-Senior
Fitness (YS)

1pm-Bridge
(LR)

1pm- Hand &
Foot (LR)

1pm-3pm
Resident only
Swim

2pm Grief
Support Group
(CR)

3pm-Poker (SL)

3pm Book
Lovers Social
(LR)

****No sign-up
required****

7pm-Game
Night (LR)

4

SAT

1pm - Hand &
Foot/Canasta (LR)

1pm-3pm
Resident Only
Swim

4pm-Wii Bowling
(TR)

5pm-Saturday
Social Hour (CL)

5pm Bocce Ball

6:30pm-Movie
Night- The Simple
Life of Noah
Dearborn

A greedy land
developer sets his
sights on an
ageless carpenter
who has remained
untouched by 20th-
century corruption.
It stars Sidney
Poitier as the
eponymous
rural Georgia skilled
carpenter, who
lives alone without
electricity and
seems frozen in
time.

5

SUN

9am-11am
Social
Time (CL)

1pm-3pm
Resident
Only Swim

5pm
Bocce Ball

6pm-
Bridge,
Board &
Card
Games
(LR)

7pm -
Game
Night (LR)

6

MON

Labor Day!
Office Closed

9am
Coffee (CL)

9:30am Chair
Yoga (YS)
CANCELED

11am -
Mahjongg (LR)

11am-Low
Impact
Exercise Club
(YR)

11:30pm -
Seated Cardiac
Jam (YS)
CANCELED

1:30pm - Cash
Bingo (LR)

1pm-3pm
Resident only
Swim

3pm-Poker (SL)

6pm-Jokers (LR)

7

TUES

9am
Coffee/**Donuts**
(CL)

10am-
Enhanced
Fitness (FC)
Sign up
required

10am-Aqua
Fit

10am-Silvi The
Hairdresser
(TR)

11:15am
**Roemo's meet
in the lobby-
The Landing**

1pm-Bridge
(LR)

1pm-Dominoes
(LR)

1pm-3pm
Resident Only
Swim

8

WED

9am Coffee
(CL)

10am-Chair
Yoga (YS)

11:30am-
Bible Study
(SL)

1pm
Bunco(LR)

1pm-3pm
Resident only
Swim

3pm-Poker
(SL)

5pm-Crochet
Club (CL)

5pm Bocce
Ball

7pm-Game
Night (LR)

9

THUR

9am-Coffee (CL)

10am-Body
Movement (YR)

11am -Mahjongg
(LR)

11am-Low Impact
Exercise Club-Tai
Chi (YR)

11am October
Calendar Reivew
(CR)

1:30pm-Cash
Bingo (LR)

1pm-3pm
Resident only Swim

3pm-Poker without
wildcards (SL)

6pm-Aqua Fit

6pm Resident Sight
& Sounds presents
Noah (MT)

****Sign-up required
by 9/8 30 people
max****

7pm - Sequence/
Game Night (LR)

10

FRI

9am-Coffee
(CL)

10am-Senior
Fitness (YS)

1pm-Bridge
(LR)

1pm- Hand &
Foot (LR)

1pm-3pm
Resident only
Swim

2pm Grief
Support Group
(CR)

3pm-Poker (SL)

6pm BYOB
(TR)

7pm-Game
Night (LR)

11

SAT

11am
**Grandparents Day
Brunch (LR)**
****Sign-up/cancel
required by 9/4****

1pm - Hand &
Foot/Canasta (LR)

1pm-3pm
Resident Only
Swim

4pm-Wii Bowling
(TR)

5pm-Saturday
Social Hour (CL)

5pm Bocce Ball

6:30pm-Movie
Night-Raising
Helen

The film follows
Helen Harris (Kate
Hudson), who
finds herself as the
legal guardian of
her sister's
children after her
sister and brother-
in-law are killed in
a car accident.

12

SUN

9am-11am
Social Time
(CL)

1pm-3pm
Resident
Only Swim

5pm Bocce
Ball

6pm-
Bridge,
Board &
Card
Games (LR)

7pm -
Game
Night (LR)

13

MON

9am
Coffee (CL)

9:30am-Chair
Yoga (YS)

11am
Mahjongg (LR)

11am-Low
Impact Exercise
Club (YR)

11:30pm-
Seated Cardiac
Jam (YS)

1:30pm Cash
Bingo (LR)

1pm-3pm
Resident only
Swim

3pm-Poker (SL)

6pm-Jokers (LR)

**Chiefs VS
Broncos
Tailgate starts
at 6:45pm
Game starts at
7:15pm (MT)**

14

TUES

9am-Coffee &
Donuts (CL)

9am Foundation
Training (FC)
Sign up
required

10am-Enhanced
Fitness (FC)
Sign up
required

10am-Aqua Fit

10am-Silvi the
Hairdresser (TR)

1pm-Bridge (LR)

1pm-Dominoes
(LR)

1pm-3pm
Resident only
Swim

**3pm Sept B-
Days (LR)
**Sign-up
required by
9/14 if your
birthday is in
September and
you plan to
attend****

15

WED

9am
Coffee (CL)

10am-Chair
Yoga (YS)

11:30am Bible
Study (SL)

1pm-Bunco (LR)

1pm-3pm
Resident only
Swim

3pm-Poker (SL)

5pm-Crochet
Club (CL)

5pm Bocce
Ball

6pm Jeff
Johnston Music
(TR)

****No sign-up
required****

7pm Unlucky
7's/Games
(CR)

16

THUR

9am Coffee (CL)

10am-Body
Movement
(YR)

11am Mahjongg
(LR)

11am-Low Impact
Exercise Club-Tai
Chi (YR)

1:30pm Cash
Bingo (LR)

1pm-3pm
Resident only
Swim

3pm-Poker without
wildcards (SL)

**4pm Devotions
Non-
Denominational
(CR)**

**5pm Wine Club-
No Fee bring your
own wine/snacks
and mingle (TR)**

6pm-Aqua Fit

7pm-Sequence/
Game Night (LR)

17

FRI

9am
Coffee (CL)

10am-Senior
Fitness (YS)

12pm Juliets (LR)

1pm-Bridge (LR)

1:00pm-Hand &
Foot (LR)

1pm-3pm
Resident only
Swim

2pm Grief
Support Group
(CR)

3pm-Poker (SL)

**6-8:00pm
Resident
Karaoke (TR)
**Sign-up for
singers required
by 9/16****

7pm-Game
Night (LR)

18

SAT

1pm
Hand & Foot
/Canasta (LR)

1pm-3pm
Resident Only
Swim

4pm-Wii Bowling
(TR)

5pm-Saturday
Social Hour
(CL)

5pm Bocce Ball

**6:30pm-Movie
Night-Hoosiers**

**An inspiring film
about a small-town
Indiana high
school basketball
team with very few
players. The coach
(Gene Hackman)
with a troubled
past, leads the
underdog team on
an unlikely run to
the state
championship,
focusing on
teamwork,
redemption, and
second chances.**

19

SUN

9am-11am
Social Time
(CL)

1pm-3pm
Resident Only
Swim

5pm Bocce
Ball

6pm-Bridge,
Board & Card
Games (LR)

**Chiefs VS
Colts Tailgate
starts at
6:50pm
Game starts
at 7:20pm
(MT)**

7pm-Game
Night (LR)

20

MON

9am Coffee (CL)

**9:30am
Chair Yoga(YS)**

11am
Mahjongg (LR)

**11:30pm-
Seated Cardiac
Jam (YS)**

1:30pm-Cash
Bingo (LR)

1pm-3pm
Resident only
Swim

3pm-Poker (SL)

**3:30pm Crafts
(CR)**

****Sign-
up/cancel
required by
9/14 \$5 No
Show Fee****

6pm-Jokers (LR)

**6:30pm Book
Club (CR) A Tree
Grows in
Brooklyn**

21

TUES

9am
Coffee &
Donuts (CL)

**10am-
Enhanced
Fitness(FC)
Sign up
required**

**10am-Aqua
Fit**

10am-Silvi
the
Hairdresser
(TR)

1pm
Bridge(LR)

1pm
Dominoes (LR)

1pm-3pm
Resident only
Swim

22

WED

9am
Coffee (CL)

**10am Chair
Yoga
(YS)**

11:30 am
Bible Study
(SL)

1pm-3pm
Resident only
Swim

3pm
Poker(SL)

**4pm Fall
Social (LR)
**No sign-up
required****

5pm-Crochet
Club (CL)

5pm Bocce
Ball

7pm Game
Night (LR)

23

THUR

9am Coffee (CL)

**10am-Body
Movement (YR)**

11am Mahjongg
(LR)

11am-Low Impact
Exercise Club-Tai
Chi (YR)

1:30pm-Cash
Bingo (LR)

1pm-3pm
Resident only Swim

3pm Poker without
wildcards (SL)

**3pm Online
Lecture: A
Penitentiary with a
Past The Story of
Alcatraz (LR)
**No sign-up
required****

6pm-Aqua Fit

7pm -
Sequence/Game
Night (LR)

24

FRI

9am
Coffee (CL)

**10 am-Senior
Fitness (YS)**

1pm
Bridge(LR)

1:00pm- Hand
& Foot (LR)

1pm-3pm
Resident only
Swim

2pm Grief
Support Group
(CR)

3pm-Poker (SL)

**6pm Big Card
Bingo (LR)**

7pm BYOB (TR)

7pm-Game
Night (LR)

25

SAT

1pm-Hand &
Foot/Canasta (LR)

1pm-3pm
Resident Only
Swim

4pm-Wii Bowling
(TR)

5pm-Saturday
Social Hour (CL)

5pm Bocce Ball

**6:30pm-Movie
Night- The Good
Lie**

**A fictionalized
drama inspired by
the real-life
experiences of the
"Lost Boys and
Girls of Sudan"
during the Second
Sudanese Civil
War. While the
specific characters
and dialogue are
made up, the
harrowing journey
and U.S.
resettlement reflect
true historical
events.**

26

SUN

9am-11am
Social Time
(CL)

**Chiefs VS
Dolphins**
Tailgate starts
at **11:30am**
Game starts at
12:00pm (MT)

1pm-3pm
Resident Only
Swim

**5pm Potluck
Fall Favorites
(LR)**

6pm-Bridge,
Board & Card
Games (LR)

7pm Bocce
Ball

7pm-Game
Night (LR)

27

MON

9am
Coffee (CL)

**9:30am
Chair
Yoga(YS)**

11am
Mahjongg
(LR)

**11:30pm-
Seated
Cardiac Jam
(YS)**

1:30pm-
Cash Bingo
(LR)

1pm-3pm
Resident only
Swim

3pm-Poker
(SL)

6pm-Jokers
(LR)

28

TUES

9am
Coffee &
Donuts (CL)

**10am-Enhance
Fitness (FC)
Sign up
required**

10am-Aqua Fit

10am-Silvi the
Hairdresser
(TR)

1pm
Bridge(LR)

1pm Dominoes
(LR)

1pm-3pm
Resident only
Swim

**6pm SkyMed
Presentation
(TR)**

****Sign-up
required by
9/22****

29

WED

9am
Coffee (CL)

**10am Chair
Yoga
(YS)**

11:30 am
Bible Study
(SL)

1pm-Bunco
(LR)

1pm-3pm
Resident only
Swim

3pm
Poker(SL)

5pm-Crochet
Club (CL)

5pm Bocce
Ball

7pm Game
Night (LR)

30