



# **THUR**

9am-Coffee (CL)

10am-Body Movement (YR)

10am-Aquafit

11am -Mahjongg (LR)

> 1:30pm-Cash Bingo (LR)

1 pm-3 pm Resident only Swim

3pm-Poker without wildcards (SL)

6pm-Bocci Ball

7pm - Game Night (LR)

1

# **FRI**

9am-Coffee (CL)

10am -Chair Yoga

12pm-Gardens club (TR)

1pm-Bridge (LR)

1:00pm-Hand & Foot (LR)

> 1 pm-3 pm Resident only Swim

3pm-Poker (SL)

#### BYOB 6pm (TR)

7pm-Sequence/ Game Night (LR)

2

# SAT

1pm - Hand & Foot/Canasta (LR)

1pm-3pm Adult Swim

4pm-Wii Bowling (TR)

5pm-Saturday Social Hour (CL)

6:30pm-Movie
Night- The Post
Meryl Streep
and Tom Hanks
star in this thriller
as they try to
publish the
infamous
Pentagon
Papers.

3

#### CHIEFS CONTEST

LETS KICK OFF THE CHIEFS PLAYOFF GAMES WITH A CONTEST!
THERE ARE GAME SHEETS AT THE SIGN UP DESK, FILL ONE OUT
AND DROP IT BY THE OFFICE NO LATER THEN 8/7. THE WINNER
WILL BE ANNOUNCED ON 8/23 AND WILL WIN A \$25 GIFT
CARD! I WILL KEEP THE WINNER OF EACH MONTHS CONTEST
AND ONCE FOOTBALL SEASON IS OVER ALL WINNERS WILL BE
PUT IN A DRAWING FOR \$500 IN FREE RENT! YOU DONT HAVE
TO BE A SPORTS WIZZ TO WIN (SOMETIMES IT COMES DOWN
TO LUCK)!

#### SUN MON **TUES FRI** WED THUR 9am-Coffee 9am-Coffee 9am-Coffee Coffee/Donuts (CL) 1pm - Hand & 8:15am (CL) (CL) **ROMEOS-**9am-11am (CL) Foot/Canasta 9:30 - Intro to Full meet in the (LR) Social Time **Body Fitness (FC)** lobby-Hyvee Sign up required 10am-Chair 10am-Body 10am -(CL) 10am-Full Body Movement (YR) Yoga (YS) Chair Yoga 1pm-3pm 9am Fitness (FC) Adult Swim Sign up required Coffee (CL) 1pm-3pm 10am-Aquafit 11:30am-11am-Full Body Adult Swim Bible Study 9:30am Chair Fitness (FC) 1pm-Bridge 4pm-Wii Sign up required (SL) 11am -Yoga (YS) (LR) Bowling (TR) Mahjongg (LR) 6pm-10am-Silvi The 11am -1 pm 1:00pm-Hand 5pm-Saturday Hairdresser (TR) Bridge, Mahjonga 1:30pm-Cash Bunco(LR) & Foot (LR) Social Hour 1 pm-Bridge (LR) (LR) Board & Bingo (LR) (CL) 3pm Root beer 1pm-3pm Card 1pm-3pm 1pm - Chair float day (LR) no 1pm-3pm sign up required Resident Due to the Zumba (YS) Resident only Games (LR) while supplies last only Swim Resident only Chiefs game Swim 1:30pm -1 pm-Dominoes Swim Movie night (CL) 7pm -Cash Bingo 3pm-Poker 3pm-Poker has been (LR) 1pm-3pm Game 3pm-Poker (SL) moved to the (SL) Resident Only without Night (LR) Swim 13th 1pm-3pm wildcards (SL) 5p -Crochet **BYOB 6pm** Resident only 3:30pm-Line Dancing (TR) Club (CL) 6:00pm-Swim (TR) 6pm-Bocci Ball **Chiefs VS** 6pm-\$5 BINGO 3pm-Poker 6pm-Bocci 7pm-**Jacksonville** \*No Mahjongg (SL) 7pm - Game Ball Sequence/ (MT) 6pm-Aqua fit Night (LR) Game **GO CHIEFS!!** 6pm-Jokers 6pm-Bocci Ball 7pm-Game Night (LR) (LR) Night (LR)

10

# SUN

9am-11am Social Time (CL)

1pm-3pm Adult Swim

6pm-Bridge, Board & Card Games (LR)

7pm -Game Night (LR)

11

## MON

9am Coffee (CL)

9:30am-Chair Yoga (YS)

11am Mahjongg (LR)

## 1pm-Chair Zumba (YS)

1:30pm Cash Bingo (LR)

1 pm-3pm Resident only Swim 3pm-Poker (SL)

6pm-Jokers (LR)

12

## **TUES**

9am-Coffee & Donuts (CL)

10am-Full Body Fitness (FC) Sign up required

11am-Full Body Fitness (FC) Sign up required

10am-Silvi the Hairdresser (TR)

1pm-Bridge (LR)

1 pm-Dominoes (CL)

1 pm-3 pm Resident only Swim

3:30pm-Line Dancing (TR)

6pm-Mahjongg (LR)

6pm -Aqua fit

6pm-Bocci Ball

6:30 Movie Night Pleasantville

6:30PM-Resident Communications Committee Meeting (CR)

13

## **WED**

9am Coffee (CL)

10am-Chair Yoga (YS)

11:30am Bible Study(SL)

11:30 Recipe class @Natural Grocers

1 pm-Bunco (LR)

1 pm-3 pm Resident only Swim

3pm-Poker (SL)

5pm-Crochet Club (CL)

6pm-Bocci Ball

5:30 Trivia Night in the (TR) Sign up required by 8/11 for those that are playing. 40 max \$5 cancellation fee only if canceled after 8/11

7pm-Game Night (LR)

14

## **THUR**

9am Coffee (CL)

9am Chris Cakes Biscuits and Gravy (LR) \$5 activity fee Sign up required by 8/11. 80 max \$5 cancellation fee if canceled after 8/11

> 10am-Body Movement (YR)

10am Aquafit

11am Mahjongg (LR)

> 12pm JULIETS Corner Cafe

1:30pm Cash Bingo (LR)

1 pm-3 pm Resident only Swim

3pm-Poker without wildcards (SL)

5pm \$5 Wine Club-Wine Tasting (TR) Sign up required by 8/11. 35 max \$5 cancellation fee if canceled after 8/11

6pm-Bocci Ball

7pm-Game Night

15

## **FRI**

9am Coffee (CL)

10am-Chair Yoga (YS)

11am-September Calendar Review (CR)

1 pm-Bridge (LR)

1:00pm-Hand & Foot (LR)

1 pm-3 pm Resident only Swim 3 pm-Poker (SL)

<u>6pm-BIG Card</u> <u>Bingo(LR)</u>

> BYOB 7pm (TR)

> 7pm-Sequence/ Game Night (LR)

## SAT

1 pm Hand & Foot /Canasta (LR)

1pm-3pm Adult Swim

3pm Chiefs VS Detroit (MT) GO CHIEFS!

4pm-Wii Bowling (TR)

5pm-Saturday Social Hour (CL)

6:30pm-Movie
Night-Emma
Emma
occupies
herself with
matchmaking.
Lots of laughs
in this romantic
comedy.

**17** 

# SUN 9am-11am Social Time (CL) 1pm-3pm Adult Swim 6pm-Bridge, Board &

18

# Card Games (LR) 7pm-Game Night (LR)

# MON 9am Coffee (CL) 9:30am Chair

11am Mahjongg (LR)

Yoga(YS)

## 1pm-Chair Zumba (YS)

1:30pm-Cash Bingo (LR)

1pm-3pm Resident only Swim

3pm-Poker (SL)

6pm-Jokers (LR)

**Book Club** 6:30 (SL) **Book: The boy** in striped pajamas

## **TUES**

Coffee & Donuts (CL)

10am Nothing Bundt Cakes is back in the lobby

10am-Full Body Fitness (FC) Sign up require

11am-Full Body Fitness (FC) Sign up required

10am-Silvi the Hairdresser (TR)

1 pm Bridge(LR)

1 pm Dominoes (CL)

1pm-3pm Resident only Swim

> 3:30pm-Line Dancing (TR)

#### 4:30 Pizza BINGO (LR).

Sign up required by 8/14. \$5 cancellation fee only if canceled after 8/14

6pm Mahjongg (LR)

6pm-Aqua fit

6pm-Bocci Ball

## WED

9am Coffee (CL)

#### 10am Chair Yoga (YS)

11:30 am Bible Study (SL)

1pm-Bunco (LR)

1pm-3pm Resident only Swim

2pm Aug B-Days (LR)

> 3pm Poker(SL)

5pm-Crochet Club (CL)

6pm-Bocci Ball

**7pm-Unlucky** <u>7s (LR)</u>

9am Coffee (CL)

10am-Body Movement (YR)

#### 10am-Aquafit

11am Mahjongg (LR)

1:30pm-Cash Bingo (LR)

1pm-3pm Resident only Swim

3pm Poker without wildcards (SL)

6pm-Bocci Ball

7pm - Game Night (LR)

7:20 Chiefs VS Bears (MT) GO CHIEFS!

## FRI

9am Coffee (CL)

## 10 am-Chair Yoga (YS)

1pm Bridge(LR)

1:00pm-Hand & Foot (LR)

1pm-3pm Resident only Swim

3pm-Poker (SL)

## 6pm Karaoke (TR) Singers only sign up

7pm-Sequence/ Game Night (LR)

# SAT

1pm-Hand & Foot/Canasta (LR)

1pm-3pm Adult Swim

4pm-Wii Bowling (TR)

5pm-Saturday Social Hour (CL)

6:30pm-Movie Night-The Imitation Game

Durina WW2, the English genius Alan Turning tries to crack the German Enigma Code.

# SUN

9am-11am Social Time Coffee Lounge

1pm-3pm Adult Swim

5PM
Potluck
Breakfast
for Dinner

6pm Bridge, Board & Card Games (LR)

7pm Game Night (LR)

25

# MON

9am Coffee (CL)

9:30am Chair Yoga(YS)

11am Mahjongg (LR)

1pm - Chair Zumba (YS)

1:30pm Cash Bingo (LR)

1 pm-3 pm Resident only Swim

3pm-Poker (SL)

6pm-Jokers (LR)

26

# **TUES**

9am Coffee & Donuts (CL)

10am-Full Body Fitness (FC) Sign up required

11am-Full Body Fitness (FC) Sign up required

10am-Silvi the Hairdresser (TR)

1 pm-Bridge (LR)

1 pm-Dominoes (CL)

1 pm-3 pm Resident only Swim

3:30pm-Line Dancing (TR)

6pm-Mahjong (LR)

6pm-Bocci Ball

6pm-Aquafit

**27** 

## WED

9am Coffee (CL)

10am-Chair Yoga (YS)

11:30 Bible Study (SL)

11:30 Digestive Health 101 class by Natural Grocers (LR)

> 1 pm Bunco(LR)

1 pm-3 pm Resident only Swim

> 3pm Poker (SL)

3:30pm Craft Hour (CR) Sign up required by 8/18. 35 max \$5 cancellation fee only if canceled after 8/18

5pm-Crochet Club (CL)

6pm-Bocci Ball

7pm-Game Night (LR)

# **THUR**

9am Coffee (CL)

10am-Body Movement (YR)

10am-Aquafit

11am Mahjongg (LR)

1:30pm Cash Bingo (LR)

1pm-3pm Resident only Swim

3pm Poker without wildcards (SL)

6pm-Bocci Ball

7pm-Game Night (LR)

27

## FRI

9am Coffee (CL)

10am Chair Yoga (YS)

1pm Bridge (LR)

1:00pm Hand & Foot (LR)

1 pm-3 pm Resident only Swim

> 3pm Poker (SL)

BYOB 6pm (TR)

7pm-Sequence/ Game Night

**30** 

## SAT

1 pm Hand & Foot / Canasta (LR)

1 pm-3 pm Resident only Swim

4pm-Wii Bowling (TR)

5pm Saturday Social Hour (CL)

6:30pm Movie Night-Operation Dumbo Drop

A Disney flick inspired by the real story of US Army supplying an elephant for a village during the Vietnam War

31